

Coach Ben Drake and the J.H.S. Red Raider Basketball Coaching Staff present

2008 "Born 2 Play" Summer Basketball Camps

****ALL CAMPS TO TAKE PLACE AT THE NEW FIELDHOUSE AT JEFFERSON MIDDLE SCHOOL****

Monday, June 30 – Thursday, July 3

“Never 2 Small” Little Ballers Camp for boys and girls entering grades 1-3

An introduction to basketball for grades 1-3 from 9:00 – 11:30 a.m.

Cost: \$50 (includes a jr. basketball and t-shirt)

This camp is an introduction to basketball skills and concepts. Youngsters will be taught the rules of the game and how to properly shoot, pass, dribble, pivot, and play defense in a fun atmosphere. We will also introduce beginning offensive and defensive team play. Children will be broken down into separate skill levels. Throughout the week, campers will use junior basketballs and shoot on 8-foot hoops. Success and proper technique is vital for kids this age. No previous experience is necessary!

Monday, June 30 – Thursday, July 3

“Got 2 Shoot” Camp for boys entering grades 7-12

“All shooting, all the time” for grades 7-12 from 12:30 – 4:00 p.m.

Cost: \$55 (includes a basketball if pre-registered)

This camp will focus on the art and science of shooting as well as getting in a high number of repetitions. The science of shooting is the systematic applications of shooting the basketball (form). The art of shooting is the creative applications of these principles (how to work out in order to become a better shooter). In addition, each player will be videotaped shooting the basketball and then have his shot individually analyzed by Coach Drake. Each player will take well over 2,000 shots during this 4-day camp.

Monday, July 7 – Friday, July 11

“Hard 2 Guard” Offensive Skills Camp for boys entering grades 4-9

Entering grades 4-6 from 9:00 a.m. – noon

Entering grades 7-9 from 1:00 p.m. – 4:00 p.m.

Cost: \$55 (includes a basketball if pre-registered)

This camp’s focus is on individual offensive skill improvement through drill work and repetition. It is focused on shooting (the art and science of shooting, strategies and moves for getting off good shots), ball handling (dribble moves, protecting the ball, proper use of the dribble), footwork (step series moves and proper pivoting techniques, how to get the shot off quicker, post footwork), passing, and post work (low post moves, establishing and maintaining position, screening and using screens).

Monday, July 14 – Friday, July 18

“How 2 Play” Team Fundamentals/Competitive Camp for boys entering grades 4-9

Entering grades 4-6 from 9:00 a.m. – noon

Entering grades 7-9 from 1:00 p.m. – 4:00 p.m.

Cost: \$55 (includes a t-shirt if pre-registered)

This camp’s focus is on team fundamentals through drill work and games while still including individual skill acquisition. Players at this camp are exposed to more competitive situations with daily games and skill competitions. Team skill work is focused on team offense (moving without the ball, cutting, screening, reading screens), transition offense (getting ball up floor quickly and efficiently, reading the defense, decision making), individual/on ball defense (stance, angles) and team defense (proper positioning, helpside defense, help and recover principles), as well as rebounding techniques.

Monday-Thursday mornings from June 30-August 7

“Commit 2 Success” Basketball School for J.H.S. students only/prospective varsity players

Mondays through Thursdays from 7:30 – 9:45 a.m. (24 sessions)

Cost: \$50 (includes a jersey)

This camp is for J.H.S. students only. 7:30-9:00 will be spent in the gym working on basketball skills as well as speed, quickness, and jumping improvement. 9:00-9:45 will be spent in the weight room lifting. Players must have strength shoes and a jump rope to participate.

CAMP REGISTRATION FORM AND MORE INFORMATION ON THE BACK

Coach Drake's Camp Philosophy

The foundation for our basketball program's success at J.H.S. is the individual improvement that our players gain each year they are involved in the program, particularly during the summer months. Our camps and clinics emphasize the fundamentals of the game through personal instruction; we are devoted to improving each individual player's game through fundamental drills and skill work. Our goal is to provide each player with the knowledge they need to get better. Many players do not know how to get better and believe it is going to happen by "shooting around." When players leave our camps and clinics, they will know how to go home and "work on their game." We are proud that many young players return year after year to continue their development and re-focus themselves for their upcoming summer improvement.

Miscellaneous Camp Information

Questions – If you have any questions, contact camp director, Ben Drake, during the day at 483-4378.

Camp Staff – Camps are under the direction of the J.H.S. head coach Ben Drake as well as other members of the Red Raider coaching staff and former and current Red Raiders.

Camp Bank – Campers are urged not to carry cash with them while at camp. Therefore, we utilize a "camp bank" for your convenience. At the beginning of camp (or each day), you may deposit money into the camp bank to use towards snacks and gatorade, which are offered during breaks. Any unused balance is then refunded on Friday. *Note: This is not applicable to the Little Ballers Camp as snacks and drinks are provided as part of the camp.*

What to wear – Shorts, t-shirt or jersey, and sneakers. Do not wear jewelry or bring unnecessary valuables.

Family Discounts – If more than one child per family attends our camps, please deduct \$7.50 from each session for each player (i.e.- for 2 boys attending 1 week of camp will cost \$85 instead of \$100).

Scholarships – Camp scholarships are available for families in need. Parents may call Coach Drake to confidentially discuss this program.

REGISTRATION FORM

*To reserve a spot, please complete the information and mail with a \$25.00 deposit to Coach Ben Drake at:
Jamestown High School, 350 E. Second St., Jamestown, NY 14701
Please make checks payable to: Jamestown Summer Basketball*

Name: _____ School (09/08): _____

Grade (09/08): _____ T-shirt size (if applicable), circle: Youth: 6-8 10-12 14-16 Adult: S M L XL XXL

- Please check: _____ Little Ballers Camp, 6/30-7/3, 9:00-11:30 (boys and girls grades 1-3) - \$50
_____ Shooting Camp, 6/30-7/3, 12:30-4:00 (boys grades 7-12) - \$55
_____ Offensive skills camp, 7/7-7/11, 9-noon (boys grades 4-6) - \$55
_____ Offensive skills camp, 7/7-7/11, 1-4 p.m. (boys grades 7-9) - \$55
_____ Team Fundamentals Camp, 7/14-7/18, 9-noon (boys grades 4-6) - \$55
_____ Team Fundamentals Camp, 7/14-7/18, 1-4 p.m. (boys grades 7-9) - \$55
_____ "Commit 2 Success" Basketball School, 6/30-8/8 (JHS boys only) - \$50

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Parent/guardian: _____ Address: _____

Home phone: _____ Work/cell phone: _____

I verify that my child has medical insurance and is physically able to participate in the Born 2 Play Basketball Camp. I agree to allow my child to be treated by a certified coach while attending camp. I understand that when this application is received, there will be no refund of the deposit.

Signature: _____ Date: _____